

1.11.21 – What Good Does the Naturist Lifestyle Do?

We were recently asked a question by the pastor of a Fundamental Independent Baptist Church. He said, “*I have one question, and that is, what good does this doctrine do?*” He asked this after telling us that he had read through the website and the articles. What he didn’t realize is that he was giving away the fact that he hadn’t actually read the information on the website or he would have known that his question was answered there. He basically lied to us...now here he was trying to take the moral high ground in his stance against the biblical view of the body...God’s view of the body and at the same time lying to us about reading the website and articles.

We did not waste our time or cast our pearls...we did not answer a fool according to his folly, but we did figure that we’d try to give an answer here for the folks out there who are actually interested in learning about the benefits of naturism and what the Bible actually says about non-sexual social nudity.

The sad part of the pastor’s question is that he would have only needed to read the website content and then when he got to the articles...the second article on this website (“an open letter to a pastor”) would have answered most if not all of the questions he was asking. The pastor we answered in that article took pretty much the exact same position that he took in his response. So, had he read it, he would not have been so foolish to ask the nearly the same questions and make nearly identical points. As we pointed out then, both of these pastors made it clear that they hadn’t gotten the definitions right, they willfully misquoted scripture and they had no idea in general, what they were talking about.

We can confidently say that they were not being intellectually honest with us or with themselves.

So...to answer his question “...*what good does this doctrine do?*”:

The quick answer is...how about living as God intended, how about honoring God by displaying His highest creation as He wanted from the beginning, how about porn proofing our children by desexualizing the naked body, how about helping to conquer porn addiction in our adults the same way, how about conquering low self-esteem and poor body image by showing that all bodies are beautiful as they were formed in His image and that the Hollywood image that Satan promotes is a big lie. That’s just a few of the good things this doctrine does, and we haven’t even scratched the surface with that list. Let’s take a little deeper look at these.

1. Living as God intended

[Genesis 1:31](#)

And God saw every thing that he had made, and, behold, it was very good. And the evening and the morning were the sixth day.

God created us naked and not ashamed. Did He do that on purpose or did make a mistake and overlooked getting us some clothes to wear? Did He want us naked and if so why? He made us naked and He left us naked, so He obviously wanted us naked. Why...I can't give you that answer with 100% certainty, but the obvious reason to us is that He wanted to display the pinnacle of creation, the very thing that He made in His own image. Seems to us that if He wanted the pinnacle of His creation on display and now we hide it in shame then He isn't getting what He wanted, but rather the person that convinced Adam and Eve to cover is getting what he wanted.

2. Honoring God

[Psalm 145:5](#)

I will speak of the glorious honour of thy majesty, and of thy wondrous works.

How do we honor God? Through observing His majesty and His wondrous works and then praising him for it. The one work that He made sure to put on display bearing His own image is our bodies. My wife and I were driving to Dallas, TX to have dinner with some friends yesterday and on our trip we were reading a book called Bee Keeping For Dummies due to the fact that we are about to start our first bee hive of many and would like to get off to a good start. In the book he describes the three different types of honey bees in a hive, their roles in the hive, how they communicate with each other using dance as well as pheromones. The more we read about the intelligence of the little fellas the more we began to talk of God's glory, His wisdom and we were in awe of the Creator by observing His creation. And this was just from learning about one of the smallest little insects in God's great creation. Imagine now how much more we would be in awe of God by truly valuing His most prized creation the way that He values it. Instead pastors today have aligned themselves with the porn industry and Hollywood in how they view the body. The porn industry views the body as only a sexual being, to be used for physical pleasure and a dirty, shameful thing. How sad it is that pastors today view the body the exact same way. Instead of viewing the body as God does...as fearfully and wonderfully made...as naked and not ashamed and "very good" in its original form. How different society would be if we all learned to view the body as God

does. We can, you know...we accomplish this through the renewing of our minds...through the common place of non-sexual we begin to see the body as simply another one of God's beautiful creations. When the only time most people see a naked body is for sex, then it is no wonder that most people only perceive the body as a sexual thing. If the body was naked for lawn mowing and painting and gardening and vacuuming and eating and washing dishes and doing the laundry, etc. then the body would no longer be viewed as a sexual object. It can now be viewed as deer and bear and fish and birds and insects, except that it can be viewed as a direct reflection of our most awesome Creator. The naked body stops being a shameful thing and begins being viewed again as God intended...bringing Him honor and glory and reverence and worship.

3. Porn proofing our children and helping our adults conquer porn

As we have touched on in the content of the website and in numerous articles the best way to porn proof someone is to desexualize the naked body. We will not cover the details of this again in this article but suffice it to say that what we're doing now in the church is not working. The whole idea of dressing "modestly" with the neck to knee attire doesn't work, if it did then the Muslim community would be the most chaste society in the world. The whole just say no doesn't work, mind over matter doesn't work, accountability partners don't work...well what does work. God's methods always work! His way was naked and not ashamed. My Bible does not tell me anywhere in it that God changed His mind. That the body is now somehow shameful. That we no longer bear the image and likeness of our Creator. That we should cover it, in fact the Bible contains many illustrations of the common place of nakedness and some occasions of it at God's command and the Holy Spirit's prompting. For more on conquering lust through biblical means please check out the article on the Aching For Eden website <https://achingforeden.wordpress.com/2021/01/09/the-problem-of-lust-part-1/>

4. Conquering body image and low self esteem

When someone views themselves as a special creation of God, as made in God's very image, as fearfully and wonderfully made, as not needing to hide in shame and not consider themselves dirty or the cause of someone else's lust then they can begin to see themselves and others as God sees them. When they

begin to see themselves this way, they no longer see themselves through Satan's eyes, but through God's eyes.

[Psalm 139:14](#)

I will praise thee; for I am **fearfully and wonderfully made**: marvellous are thy works; **and** that my soul knoweth right well.

[Genesis 1:27](#)

So **God** created man in his own **image**, in the **image of God** created he him; male and female created he them.

[Jeremiah 1:5](#)

Before I formed thee in the belly I **knew** thee; and before thou camest forth out of the **womb** I sanctified thee,

You see, how we see each other should be a reflection of how God sees us. God does not see us as merely sex objects...dirty and shameful beings and in need of covering. God sees us as His little children...and isn't it funny just how much little children like to play in the naked condition that they were born in. Almost like they know something the adults have forgotten.

What does this doctrine do? I'll tell you what it does, it allows us to live free of the bondage that a Satanic view of the body holds. It allows us to live as God intended. It desexualizes society and frees us from all that a sexual view of the body creates...from porn and from lust. And finally, I believe it pleases our Maker to no longer view ourselves and others as Satan wants, but as God does...without shame and guilt for simply being a human.