

## 7.13.20 - Experience Proves the Bible...Again

### Experience Over Dogma

The following is written by a wonderful Christian lady going on her very first naturist getaway with her husband. I find this blog of hers to be very similar to the article we did last year about the first visit to a naturist resort. It is refreshing to me to see people go from studying the Word of God on the subject of naturism to then experiencing it firsthand and finding that the Bible was right after all. Here is what she wrote about her experience:

Here are my thoughts on the week in Florida. I wrote it kind of as a blog post for people who don't know me. I have a few things written like this. I don't know exactly what I'm going to do with them, but it came in handy when I talked to my parents.

Just over a year ago, my husband began a journey to defeat Satan's schemes by dealing his porn addiction a final blow! 8 months ago, after he confessed to me the journey he was on, I started a journey into learning about the image of God in my own body. I've done a lot of study of scripture and reading books written on the subject and talking with people who have been on this journey longer than I have. It's been a combination of very scary and so enlightening and liberating! This week my husband and I joined 5 other Christian couples at a villa in Florida. These are all couples who believe in our bodies as the image of God. We all believe in treating people with dignity and respect. We all believe in monogamous marriage relationships. This is a group of married Christians who believe that non-sexual nudity can be experienced in our lives with others of like mind without it causing any of us to fall into sin. 8 months ago I would have thought this was crazy! "NO WAY! That's not possible! Oh my gosh, those sinners!!" I'm too insecure! Everyone will be thinner than me! I don't look good naked!

No way I'm gonna let my husband see other naked women who have better bodies than me!" I would have said, "I will never do that!"  
Actually, I think the phrase I used with my husband regarding going to a nude beach was, "NOT IN A MILLION YEARS!" Oh and we did that too and it was awesome! At the beach, I had my sunglasses on and the 2nd or 3rd wave knocked them off my head and the ocean took them! It's as if God was saying, "No, you won't wear anything this time, enjoy it as I created you!"

There was a lot of anxiety going into this week, even though I was excited to get away from the craziness of life for a bit. When we arrived at the villa after grocery shopping and putting everything away, it was time to get naked and cool off in the pool. I took a deep breath, took off my clothes, grabbed my towel and headed out to the pool where some of the others had gathered. It was weird at first because it was new. It didn't take long though to embrace the feeling of the water on my bare skin without a tight bathing suit clinging to me. Actually, it was an amazing feeling!! After a while, I hopped into the hot tub with about 5 others and we began to talk. I can honestly say the conversations we've had this week have been some of the most open and honest and amazing conversations I've ever had in my life! You know what I haven't experienced? I haven't experienced anyone acting inappropriately. I haven't experienced anyone staring or gawking. Am I the skinny one here, no. Do I feel insecure about who I am and what I look like, maybe a little bit if I stop and think about it too much, but as a general feeling, I am not even noticing it or thinking about it! I'm just enjoying the pool and laying out working on my tan free of tan lines. I'm cooking breakfast nude and eating it around the table with 11 other nude bodies. We are playing games and laughing and studying scripture and praying together and living out Proverbs 27:17, "As iron sharpens iron, so one man sharpens another." We are learning about the Lord from each other and having a great time in the process!

I learned this week that being naked with others of like mind, not only physically but emotionally, spiritually and mentally is amazing! Literally

nothing to hide! I never felt like I had to stop myself from saying something I wanted to say because of how it might be perceived. We spoke our minds and our hearts. We let God speak through us and to us. We were relaxed in the skin we were in. Never in my life have I felt so confident! Even fully clothed!

We find her experience to be similar to our own and so many others who, after studying the Word of God on the subject of nakedness decided to trust the Lord and His Word and give wholesome non sexual nudity a try. We found that our experience didn't match the majority of church doctrine today, but it did match the teachings of the Word of God perfectly. We praise the Lord for her decision to follow the Word of God and her husband's lead on the subject and we rejoice with her and her husband at finding the freedom that comes from trusting God. We pray that her experience will help you in your journey for the truth that makes you free.