

8.5.19 - Mates and Naturism

We are by no means experts on the subject of introducing mates to naturism, but we will share a few ideas on the subject. Since the wives seem to have the most reluctance to trying naturism most of what we share will be about husbands introducing their wives, but we will also have a few suggestions for you wives out there with reluctant husbands.

One of the suggestions we received from one of our readers was to have the one interested in naturism ask their mate for an opinion when you first learn about naturism. Maybe even to ask for their help proving whether the main part of our website is in error. If your preferred source for info is Aaron or Paul's book, etc. the same principal would apply. That way your discussion is not as likely to become a contest to be the one that is right. Even if you are rather certain that your source is correct you may want to try this approach to see what negatives you may be dealing with. We are by no means suggesting that you mislead your mate, but starting from a position of being on the same side rather than confrontational can go a long way to a mutually beneficial conversation. A statement like "I can't seem to find any errors in what I am reading, but I am open to being wrong...would you help me see if I missed anything here?" Along the same line you can consider asking your mate to find the errors in a specific article that deals with the objection in more detail. Aaron Frost's book is an easy read and very complete. Maybe read it together and discuss what you read, especially where either one of you may think he is wrong. That way it is Aaron who is the bad guy and not you. Try to understand your mate's position and do not be too quick to give your opinion on what Aaron said. Don't get pushy or start to sound like you're trying to sell your mate here or it can quickly become a contest of wills as to who is right. If it is hurried it will seem that you

made up your mind and are trying to get your mate to go along with you, which might be true, but you want to avoid the contest mode if at all possible. We have found that when husbands and wives argue or fight it is usually because one of the two of you want your will and are unwilling to place the other's needs above your own. We believe that biblical naturism is God's preferred method for us to live, but more importantly we believe husbands and wives should live together in unity and do not want to promote disunity in the family. In our home, the switch to biblical naturism was a fairly simple decision...we have made the decision that if God is for something then we are for it and if God is against something then we are against it as well. We had this standard long before our decision to become biblical naturists. When the question of naturism was presented to us, we took our time and did the research, but once we had fully studied the Word and concluded that God was definitely for it then we began to put the changes in place. Our first step after studying the Word was to visit a family friendly resort together. We chose Whitetail Resort in Ivor, VA. Our first visit we paid the day visit fee, drove up to the clubhouse, sat in the van for 5 minutes, then chickened out and drove away, lol. The next Friday we were back, this time we checked into an overnight room, disrobed, hung out there for a half hour. Eventually we ventured onto the deck and watched people...mowing their lawn, walking their dog, playing basketball, playing tennis, sitting at a table and visiting. It was all so normal! An hour later we were in the pool where we met so many other Christian and non-Christian family friendly naturists that we were hooked. The point is that we had made a Bible decision first, then we tried it in a safe family friendly environment and loved it, so it became simple...not exactly easy, but for sure a simple decision. God was for it, so then so were we!

That said, this is an area that we have found that husbands cannot force upon their wives. Men, as much as you may want to force this upon your home, please do not do this as living as God intended may simply become a bone of contention between the two of you. As God's appointed head of the household, you may want to become a benevolent dictator, our suggestion is don't! Our instructions are: **Eph 5:23-28 - For the husband is the head of the wife, even as Christ is the head of the church: and he is the savior of the body. Therefore, as the church is subject unto Christ, so let the wives be to their own husbands in every thing. Husbands, love your wives, even as Christ also loved the church, and gave himself for it; That he might sanctify and cleanse it with the washing of water by the word, That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish. So ought men to love their wives as their own bodies. He that loveth his wife loveth himself.** I do not see any part of these verses that would allow husbands to be dictators even benevolent ones. To add to the challenge, note the behavior of the seven churches mentioned in **Rev 2 & 3**. Jesus did not approve of everything they were doing, but He did not use his power to force them to get in line. I am not saying that we have to go along to get along. Jesus gave some consequences for the church's incorrect behaviors and how He planned to guide those churches back to the path that He wanted them to follow. Adam tried the go-along-to-get-along program and you know how that worked. There will need to be some sort of give and take and balance to be had. Yes, you need to lead your home, but not simply by force of will. A godly husband will need to be patient and understanding at the same time as knowledgeable in the scriptures. If this is the only area that you are trying to be godly about gentlemen and are not leading spiritually in all areas of your home then you're probably in trouble to begin with. Some suggestions will be

presented below for things that you can do to promote naturism and some things not to do are mentioned below as well. I am sure there are a lot of other valuable options that we did not think of as well, many ranging from helpful to dangerous.

If after carefully studying the scriptures you decide to begin to convert your home over to a biblical naturist home, but there is some reluctance still inside the home, there are some things that you can do to begin the process without being dictatorial. You can certainly sleep naked and we'd definitely recommend it, not only because it's biblical, but it's also got loads of health benefits and besides that we think you'll actually sleep better as well. Then maybe decide to remain naked inside the house with the shades closed. If you have a reluctant spouse and children in the home, you may have to take it slow, maybe just remain naked after a shower for a brief, but ever-increasing amount of time. Don't hurry to dress in the morning when you wake up. Maybe consider investing in a hot tub (they have some for all budgets now a days) and make it a clothes free tub just like your bath time. If you have older children you may consider allowing them to be a part of the Bible study after the two of you have gone through it thoroughly and are in agreement, which is what we did with our kids. They could not find any Bible verses to contradict biblical naturism either.

If your spouse is completely unwilling to try naturist activities, we highly recommend that you not attend naturist events, resorts or beaches without their approval, and even then, not often. As an example of unwilling, I am thinking of the cartoon where a husband has strapped a pig to a ceiling fan (like helicopter blades) in his garage when his neighbor stops by and asks what he is trying to do. He answers that his wife said she'd go to a naturist resort when pigs fly. Since most

textile people cannot believe that people of both sexes can be together naked without sex, your mate will most likely see any naturist activity as adultery. We know it's the farthest thing from the truth, but that most likely will not stop them from believing it and that would be harder to deal with than the lack of naturist activities. **Rom 14:15 - But if thy brother be grieved with thy meat, now walkest thou not charitably. Destroy not him with thy meat, for whom Christ died.** I believe we could replace "meat" in this verse with "naturist activities" without changing the idea that Paul was trying to make. This verse is used to keep naturist in the textile camp, which is not a proper application of the verse, but I think it applies in this case. The word "charitably" is translated from the Greek word "agape" which is the highest form of love. It is unloving to insist on your way no matter how it affects others even with sound scriptural support, but it is also unloving to not confront tradition when it differs from scripture. God agape loves us and His way is best for us as a group. Individual cases are complicated by sin and what God is doing in that life. Even then **Rom 8:28 - And we know that all things work together for good to them that love God, to them who are called according to his purpose.** Notice the phrase after the comma, it does not apply to everyone.

If you could go to a naturist activity with a naturist friend that your spouse is on good fellowshiping terms with, maybe it would be acceptable to go without them. A get together with everyone upon return or very soon after to share the event would be good. The other party could verify your good behavior and your claims of how enjoyable the event was. It may give your mate the courage to try it themselves with you next time. I do not believe that it should be done frequently without your mate.

Going to naturist activities secretly would be an even greater risk. Your mate will check on your cover up story at some point and find it false. Now you will not be trusted whether you tell the truth or not and the problem with suspicion of adultery will be compounded. Apart from surprises for special days, I do not think spouses should do anything with as much risk of being misunderstood as naturist activities secretly.

Wives with an unwilling husband do not have much of a choice. If you have made a reasonable effort, as suggested above or something similar, to convince him that naturism is approved by God and helps overcome sexual sins like lust and porn, then you need to do it his way or be out of God's will. When all the discussion is done and the disagreement is still there, the husband makes the choice on which course to follow because he will need to account for the family to God. You still have the power of prayer. God changed Saul of Tarsus into the Apostle Paul so He could change your husband, but just because He can does not mean that He will. He is working on far more than we can see. We need to trust that His will and timing is best for us, which is not easy for us. We want things done our way and yesterday would not have been too soon.

We have seen many spouses become naturists with their mates and some of them quite reluctantly in the beginning. Some final suggestions for you. Pray...the power of prayer to change hearts and minds is the most important tool that you have in your arsenal and should not be underestimated. Love...unconditionally and patiently. Do not withhold affection from your mate just because they are not giving in to your wishes. Be an adult, do not act like a spoiled child just because you didn't get your way right away. Be patient, sometime our mates are not at the same place that we are spiritually and we will need patience for them to catch up to

us. Be obedient to God in every area that He has laid out in scripture. If naturism is the only area that suddenly you're Mr or Mrs Bible on then my guess is that you do not have the credibility that you'll need to influence your family for Christ in this area either.

If you need additional help or prayer, do not hesitate to write us at the email on the contact us page of this website as we are always willing to pray with you about anything.