

8.19.19 - Reflections on Nakedness

We are going to look at some advantages of family friendly nakedness and maybe some problems with nakedness. We are talking of naturist resorts, families at home indoors or in a yard with a high privacy fence and naturist activities such as a number of like-minded families gathering to enjoy each other's company without the hindrance of clothing.

First advantage is the freedom from clothing choice. "Does this shirt go with this tie and these slacks" is not asked if you are going to be naked as soon as possible when you get to the activity and stay that way till you need to reenter the textile world. "Is this too dressy or too casual?" will not be important either. You can wear clothing till they wear out instead of sending them to Salvation Army when they are going out of style or looking a little worn.

Another big advantage when going to a naturist resort, you don't even need a suitcase for clothing. If you are not fussy, the clothing you wore to travel to the resort could be worn to leave. That statement comes from a guy who grew up on a farm with no hot water heater, so on Saturday evening we heated water on the wood burning cook stove in dishpans, metal of course, and all seven of us took a bath in a galvanized bath tub with the same water. When we were done the tub was drug out the door and dumped off the porch into the yard. Yes, we took a bath once a week whether we needed it or not. In the summer it was easier to heat water in the butchering kettle and the hay and oats dust had to be removed if you did not want to itch your skin off.

Another advantage if you are humble, there is no clothing to make a statement about your wealth or career. We are closer to being equal when there is no fancy clothing to say "look how well God is blessing me", or no clothing to call attention to your best features and hide the others, or your clothing does not say, "this is the best I

have.". There is no being in style or old fashion. You could start a conversation with what you considered an average guy and be very surprised to learn his station in life. In his book "Nakedness and the Bible", Paul Bowman gives an example of a person that was to meet a group of friends at a naturist beach and she expressed fear of finding her group because everyone looked alike. If you are a proud person, this is a disadvantage, you will have to ask, "Don't you know who I am?" more than usual because people will not be able to tell you are a big deal without the clothing to announce, "I am somebody important that you should know."

Another advantage, if you are doing something where you will most likely get dirty, like Peter fishing all night, you do not need to wash a lot of dirty clothing when you are done, just wash your dirty body which needed done with or without clothing. We can claim that we are saving the planet by only washing our bodies and not a set of clothing also. You also save a lot of wear on the clothing that you would need to wear if you are in an area controlled by the textile world. God made the body so it replaces the worn skin with new skin automatically, no need for patches. You would not need to worry about staining your clothing. If you stain your skin, you need only wait a few days for the body to replace the skin which it is always doing. Clothing makes a good hiding place and growing environment for bacteria and fungus. They are not all beneficial, there maybe only a few that are.

Another advantage for warmer climates, is less air conditioning costs because the temperature can be higher and still comfortable with no clothing to hold the heat within the body. The body cools much better if the sweat evaporates off the skin instead of off the clothing. When it evaporates off the clothing, the clothing cools before the body gets any benefit. This becomes a disadvantage if you need to heat the house to keep it comfortable. It will need to be warmer to be comfortable without clothing which means more energy to keep the house warmer. If the climate change experts

could decide we are entering a global cooling period then we need to burn fossil fuels as fast as we can to get more greenhouse warming and higher home temperatures would help warm the planet.

The joy of feeling the sun on your whole body on a cool day or a breeze on a warm day is hard to describe to someone who has never tried it. If you enjoyed the feel of the wind in your face riding a bicycle, extend that to the whole body. In addition, you will not sweat as much to get the speed for the wind. There are many health benefits from exposing the skin to sunshine, mostly from the vitamin D produced by the body when the sun shines on the skin. Yes, you can get vitamin D from supplements, but the sunshine form is better...God's perfection is hard to improve on.

A disadvantage of working naked is the lack of pockets. Where do you keep your pencil, tape measure, keys, cell phone and wallet to name a few things we usually use pockets for. I can hear my textile friends saying, "If God wanted us to be naked, He would have given us a pouch like the kangaroo." Tool bags are not designed for direct contact with the skin, they can irritate it. You might use a bucket with a tool caddy on it.

Back to advantages, after a brief exposure to naked bodies of both sexes and all ages, it becomes obvious that lust is a learned problem. We are told that girls need to keep their breasts covered to keep men from lusting after them. According to that lie then, if you are a real man you will have trouble with lust when you see a girl's chest because that is how it is supposed to work and it should become more uncontrollable with every additional square inch of skin uncovered. That lie is just like Tom Sawyer selling lessons to learn how to properly whitewash a fence...it only works on the uninitiated. Once you have been to a family friendly naturist resort with lots of members of both genders and all ages, it becomes obvious that nakedness does not cause lust. It comes from a

program in our hearts. We learned to lust from what is expected of men and we can easily unlearn it when it is shown to be false. Lust is a conditioned response and an evil heart condition. This is also an advantage for women as they are set free of the false idea of preventing lust with clothing. Naturists will also get some relief knowing that their body does not need to fit a false Hollywood standard. We quickly learn that no one meets the false Hollywood standard and that naturists are managing to live happy lives in spite of their "short comings".

Growing up in a naturist home would decrease the desire to see what is under the clothing of the opposite sex. They already know from the many examples in their daily lives. This will nullify the appeal of pornography. What is the big deal, it's just a naked body? This would also help those of dating age to look for someone that they would enjoy living with rather than just someone who they think is hot. By growing up in a naturist environment they realize that we all have the same basic equipment, but how we treat others or what we enjoy can differ greatly. It truly allows a dating person to look for the important things in life rather than focusing on the temporary good looks.

I can guarantee that we did not mention all the advantages and disadvantages of nakedness, but at least we can partially help answer the question of "why do you want to be naked?" from your textile friends who run out of Bible arguments against it. We left out reactions of textile people to nakedness which are usually negative, because that is covered at length in other articles.