

6.17.19 – Changing the Paradigm

How is it that so many people have the wrong idea about naturism. Ask a dozen people what nudist resorts or campgrounds are like and you are likely to get a dozen people tell you that they are full of sex crazed perverts, dirty old men and hot beautiful people just looking to ogle a bunch of naked bodies. It's even worse if you ask a dozen Christians the same question and way worse if you ever dare tell them that you're a naturist yourself.

How is it that people who know absolutely nothing about a subject have so much information to share? It's proof positive that you don't have to actually know anything to proclaim yourself an expert. My wife and I were introduced to naturism when a business associate who knew I was a pastor asked me to help her talk her sister and brother in law out of being nudists. I quickly agreed to help, so sure of myself that I could come up with a dozen biblical reasons why they should not be nudists. I fortunately did the smart thing, I asked for a week to put together a list of Bible verses so that I had plenty of ammunition for the discussion. Little did I know how impactful that simple decision would be on our lives. The next day upon beginning my Bible study on the topic of nudity in the Bible we were shocked to find only positive in the pages of scripture about the naked body. That Bible study was the foundation of what initially became a small booklet on the subject and has now become this website www.nakedandunashamed.org. It has led to our visiting over two dozen resorts nationwide and a handful of nude beaches. The results of our Bible study and the subsequent visits to naturist venues across the country have led us to the knowledge that

people in general and Christians specifically have no idea what they're talking about, but that certainly won't stop them from explaining to you how evil and perverted you are if you're a naturist no matter just how overwhelming the biblical and experiential evidence there is to support the naturist lifestyle.

So, what to do about it? The first thing we did was to put the Bible study into a form that could be easily distributed to those who are open to the truth. But, on a deeper level, what can we do when despite all of the evidence to support biblical naturism as a lifestyle the masses of Christianity will still stand against you?

We have some suggestions that we hope will be helpful:

1. Arm yourself with the truth...it may have no effect on the people around you, but it should at least give you the confidence to live as God intended without shame, fear or doubt. The Bible says that we are to know the Truth and that the Truth will make us free. Free from what, free from fear, doubt, regret, shame...free from the people who want to control our lives with their opinions rather than objective truth. We should know what the Bible says about God honoring, non-sexual, family friendly nudity. This website was designed to help with knowing the truth and these articles are designed to add a layer on each week or so to help strengthen that knowledge.
2. Be willing to share the knowledge, but do not allow yourself to have expectations that it will actually convince anyone. We have

met so many good Christian people that we have talked to and some have taken an honest look at the Bible on the subject and came to the same conclusions that we did, but by far and away the majority have not even taken a look at the Bible on the subject for fear that they might be wrong. The majority of Christians who we have interacted with about the Bible and nakedness have responded with statements like “I don’t care what the Bible says, I know how I feel” or “well that’s just your interpretation” or “that can’t be right, because my pastor says” or even more likely they will go straight to the name calling... “you’re sick” or “you’re a pervert” or my favorite “I can only imagine what you people do at places like that”. The sad part is that they’d have to imagine because if you pick the right places to visit there is just nothing inappropriate going on. If you read our last article about the first visit to a resort, the normalcy of the place was what was so relevant. People mowing the lawn, people walking their dog, people riding their bike or playing with their children...not what the average uneducated/inexperienced individual will assume. The sad part is that they will freely share their “knowledge” of naturist resorts and what “goes on” there without any first hand knowledge whatsoever and they could not be farther from the truth, but that won’t stop them for sharing.

We as naturists need to be confident enough in the Word and in the reality of naturism that we are willing to share, but please my friend, know ahead of time that it most likely will not make a difference. My father taught me long ago that the mind convinced against it’s will is of the same opinion still. He also taught me that advice that isn’t asked for isn’t heeded. Another very dear friend explained it this way...advice that isn’t asked for is considered criticism. So, even though we should know the truth and that truth

will make us free, we should not expect others to join us quickly in the knowledge of that truth. As someone once said, common sense isn't very common, well neither are those who are willing to accept the truth if it disagrees with their opinion.

3. If we are ever to make a difference long term we must begin at home. If you have studied the scriptures relating to naturism and have come to the conclusion as we have that Naked and Unashamed is the way God intended us to be from the beginning. If you believe, as we do that God created us naked to display His image through our naked bodies to bring Himself glory. If you believe, as we do that the only one happy about shamefully hiding the image of God in our naked bodies is Satan and if you have accepted the naturist lifestyle choice for yourself then we need to be sure that we are leading our homes properly in this godly lifestyle choice. A good place to start is a study of the scriptures and we have designed this site to be used as a step by step guide to take a new person through to show that God is not only not against your naked body, but indeed is very much for your nakedness. We believe that getting the husband and wife on the same page first is a necessity, but we also believe that the information should be shared with the children as well. There is a whole page dedicated to Children and Nudity that we hope will be very helpful. Deciding to live at home as a family as God intended is a great first step. We dress when necessary for warmth or protection, but we are naked as often as possible at home. Once the family is on board at home and comfortable we believe a visit to a family oriented naturist resort will also help solidify in your minds that not only is the Bible very much for this way of life, but the visit to the right resort will also be a powerful verification that this is right

and normal and proper. That said, men it is our suggestion that visiting without our wives and/or children will only cause tension in your marriage that will most likely not help strengthen your bond, but will build distrust that Satan will most certainly use to divide your family and hurt your witness long term. Before you venture out to a family-oriented resort or beach, please make sure your family is onboard. If not, our advice is to take the time to properly lead at home and then once that is settled head out in the public domain. Do Not Push, lead instead. It takes time for something so unconventional to be accepted even when the Bible is so clear on it. Time and prayer and Bible study as a family on the subject may indeed help, but you might also need to be prepared that maybe it won't as well. We don't know all of the experiences in the past that our loved ones have been through that might inhibit someone from trusting God and His Word. Trust the Lord and trust His timing and lead lovingly, not demandingly. If there is a hesitancy to visiting a family-oriented resort, then maybe find a godly Christian naturist friend's house to visit first if that is more acceptable, but either way please married men, please get your family on board first.

Knowing that the Bible is so clearly for us being as God first intended us to be should be a big confidence booster, but please do not let that lead you to arrogance or pride thinking that you got it right and all these others missed it. Our job is to love unconditionally even those who might disagree with us and/or even call us names. Our job much like witnessing for Christ is to be patient, willing and prepared to share God's Word and His plan, but not to lose faith just because someone decides to reject the truth of His Word.