

## 9.6.21 - Sexual Response & Nakedness

In general, the assumption amongst the majority of non-naturalists is that the sight of another naked human will cause sexual arousal or lust...especially the sight of a naked woman, by a man.

They say that experience is a great teacher and that if you can use other people's experience that is even better as it can at times lead to wise decisions without having to make your own bad decisions first.

I'd like to take a few minutes with this article to address what I believe is the big lie that Satan has convinced the non-naturalist world. He has convinced people that the sight of the beautiful creature that is the human body, made in the very image of our Creator is somehow shameful, sexual and dirty and will cause a sexual response. I can assure you based on firsthand experience and backed by the principles of the Word of God that the opposite is actually the case.

First, a little common sense...anything that is novel will gain attention. If the sight of a naked person is novel, then it is noticed. Anything that is common is ignored. When a person is only naked for a shower or sex, then nakedness is novel and therefore will garner attention and that can be in the form of a sexual response. When nakedness is common and in a nonsexual context often, then suddenly nakedness is no longer novel and it no longer garners a sexual response.

When a person first begins the journey to the Truth as it relates to the naked human form, they are forced to confront all kinds of mental and

spiritual training that they have been subjected to that is contrary to the Bible and to experience. They are confronted with the fact that what they've been taught might have been wrong and that is a very discomfoting emotion.

For example, when I was growing up I was taught "modesty" from I Timothy as meaning dressed from neck to knee for the ladies and long shorts for the guys at a minimum. It's what I now refer to as our "Sunday Best". There was no real Bible standard, it was basically whatever the pastor or church taught was modest, that was what the Bible meant. It was making Scripture conform to the pastor/church teaching rather than the other way around. As an adult when I studied the passage and its actual teaching, what I found that the Bible was actually teaching was the exact opposite of "our Sunday Best." The real concern was that there were poor ladies in the church with literally nothing to wear and rich ladies in the church with their fancy and expensive clothing. The teaching was for the rich ladies to dress more "modest"...an old fashion word meaning humble. Well, the truth is that the most modest attire was to match the very poorest in the congregation. Notice the teaching went on to say not with braided hair, not with jewelry, etc...in other words "modest" or humble. Not the meaning that the church has ascribed to the Bible, but the correct meaning anyway.

So, what does our experience tell us that the church isn't? My wife and I have been biblical, nonsexual naturists for about the last 20 years now and this is the Truth of what we have found.

1. The commonplace of nonsexual nakedness has led to a desexualizing of our minds and those around us.

We have visited over 20 family friendly naturist resorts across the country and 3 nude beaches and in every case, we have not seen one instance of sexual response at any of the locations we have visited. In fact, what we have found is that the commonplace of nonsexual nudity has eliminated the sexual response based solely on visual stimulation.

2. We have seen our minds renewed to the point that we used to think the body was shameful, sexual, and dirty...we now see the body as made in God's image, beautiful and nonsexual in nature.

We no longer view the naked body the way the world views the naked body, we view the naked body as God views it. Isn't it odd that the church and Hollywood hold to the same belief regarding the body? Living as a naturist has changed that for us. We no longer see the body sexually...we see the body beautiful. All bodies, in fact...tall or short, skinny, or fat, black, or white. You see...when your mind is renewed you begin to see others as God sees them...not as sexual objects, but as beautiful creations of God...made in His very image.

3. Sexuality becomes more about the relationship than the superficial.

The typical non-naturist is visually motivated. In fact, we are told by good-willed pastors all across the spectrum of denominations that men are visually motivated, so it's up to the woman to dress modestly to keep the beast at bay. We are told that this problem is "every man's battle." I am here to tell you, that is a lie. It is told by Satan to continue the cycle of try, fail and eventually give up trying when it comes to conquering the addiction to pornography.

I can tell you that men and women have been programmed to think this way, but that the thinking is contrary to how God sees us and how God wants us to see each other. Addiction to pornography is a matter of incorrect thinking and incorrect thinking can be corrected. When a person experiences the commonplace of nonsexual nakedness...again, I said commonplace...they see naked bodies doing normal everyday things like mowing the lawn, doing the dishes, vacuuming the floors, gardening, taking a walk in the woods, swimming, playing volleyball, etc. and instead of a sexual response they now see the body as just that...a body.

Think with me for a moment...if this is you and you are now used to seeing naked people doing normal everyday things all the time with zero sexual context how does that change your thinking? You are no longer a victim of Pavlov's experiment...you are a victor because you now see people as God sees them. You now see people as the wonderfully made creation that He intended from the very beginning when He made them naked and not ashamed.

You see what we've really done by teaching that the image of God is somehow dirty, shameful and sexual is that we have propagated Satan's lie, rather than the Truth of God's Word.

God is the One who created us naked.

God is the One who said that there was no shame in it.

God is the One who called it "very good."

God is the One who questioned "who told thee...so we know He didn't start the lie...someone else did...Satan did.

So, what about sexual relationships with our mates?

We have found that because of our lack of sexual response to visual stimuli that our sexual relationship has moved from the superficial to an emotional response.

Our sexual relationship is based more on our friendship now.

Our sexual desire comes out of our spiritual connection.

Our intimacy has deepened as has our relationship and our lovemaking is now way better than it has ever been.

The fact that we are not visually stimulated by a simple naked body has not reduced our sexual response to each other, it has strengthened our sexual relationship and made it more intimate and more connected.

The fact that there is no sexual response at the sight of others naked has increased our trust of one another and therefore our intimacy.

It's almost like, when you experience life the way God intended...naked and not ashamed that you find that God was right all along, which means that the standard teaching in the church was wrong all along.

This is disappointing and unsettling in the beginning because what you thought was foundational was wrong and now you wonder what else was I taught that was wrong as well. Do not let that uneasy feeling stop you from living the life that God intended for you, just realize that you now believe what God said and not what man/Satan twisted it into.