

Top Ten Reasons to Become a Christian Comfortablist By Jason S

1. It's literally how God made you.
2. Less Laundry.
3. Teaches Body Acceptance.
4. Teaches Humility.
5. Teaches Vulnerability.
6. Reminds You that You're Human.
7. Helps You Sleep Better.
8. Makes You Heathier.
9. Helps De-Stress.
10. Promotes the Gospel.

What's a Christian Comfortablist?

It's like a Christian naturist/nudist, but instead of being naked all the time and/or hating to wear clothes, the mindset is this: clothing is mostly unnecessary. It's not necessary for "modesty." It's not necessary to hide any particular body parts. Clothing is decorative and/or functional. If there's no good reason to wear it, for example, anytime a person is swimming or sitting in water, then a comfortablist doesn't wear it.

1. It's literally how God made you. God hand-sculpted Adam's and Eve's naked bodies from the clay and breathed into them the breath of life. Had He wanted us to be furry or walk on all fours so that our breasts and genitals were obscured, wouldn't He have done so? By observation, we can see that God wanted our upright bodies with visible genitals to be seen by each other.
2. A comfortablist is going to have less laundry to wash, dry, fold and store. If desired, bras and underwear can be eliminated from the wardrobe. Resources of space and electricity can be maximized.

3. Being around other naked people help us realize that our bodies are similar, yet different and come in all shapes and and shades.
4. For those of us who do not enjoy being seen naked, humbling ourselves and submitting to being seen is a righteous act.
5. And this leads into vulnerability. When we take away the barriers of clothing, our human status tends to go with it. It's easier to be truthful and open about your thoughts and beliefs when clothes-free.
6. Wearing nothing on our skin reminds us that we are a created being - it grounds us - connects us to our roots as living, breathing, feeling beings.
7. With no restrictions binding you or making you a great place for breeding germs, sleeping nude is also good for genital and reproductive health.
8. Sunlight is known as the best disinfectant there is. Allowing your skin to make full us of sun and air lets your body soak up vitamins and can also clear up skin blemishes.
9. Some would say there's nothing like coming home from work and taking off a tight bra. Why not just take it all off? De-clothing as a ritual is a great way to relax and unwind and tell your body that it can breathe more freely.
10. In the New Testament, we are called the Body of Christ. Our nude bodies testify of creation and of the truths of fruitfulness and community. Just as the body is made up of many interconnected parts, so is the church meant to be. Owning our humanity - our naked selves - is to testify that Jesus Christ has defeated the Curse and is building His Kingdom with and through us.

So there you have it. Do it for yourself. Do it for Jesus. Try living in your skin when it feels comfortable and see just how great it feels!